2nd ANNUAL SEMINAR

INTENSIVE LAPAROSCOPIC SUTURING, KNOT TYING, AND LAPAROSCOPIC AND ROBOTIC HYSTERECTOMY

A STEP-BY-STEP APPROACH

THURSDAY, DECEMBER 9 – FRIDAY, DECEMBER 10, 2010

The Roosevelt Hotel
• New York, New York •

GENERAL CHAIR
FARR R. NEZHAT, MD, FACOG, FACS

HONORARY CHAIR
CARMEL B. COHEN, MD

CHAIR OF SCIENTIFIC PROGRAM
CAMRAN R. NEZHAT, MD, FACOG, FACS

Sponsored by:
Department of Obstetrics and Gynecology
St. Luke’s and Roosevelt Hospitals, New York, NY

CME credit certified by:
Beth Israel Medical Center and St. Luke’s and Roosevelt Hospitals
OVERVIEW
Despite the many advances in endoscopic surgery, almost 70% of the hysterectomies performed annually in the United States are still performed by laparotomy. This intensive laparoscopic suturing and knot-tying course includes a step-by-step guide to total and supracervical hysterectomy with or without adnexectomy and robotics. The symposium has been designed for surgeons who desire to bring their current laparoscopic skills and techniques to the next level. By providing in-depth instruction and education and using the latest technology in instrumentation, this will be achieved with the help of pelvic trainers and instructors who will supervise each station and guide each participant in achieving their desired goal. Time spent with the pelvic trainers will ensure effective learning throughout this two-day program. In addition, a variety of surgical videos will clearly demonstrate a step-by-step procedure of tackling easy to difficult laparoscopic hysterectomies. These lectures will be presented by renowned guest faculty with extensive experience in this arena. Additional topics include myomectomy, treatment of endometriosis, pelvic reconstruction, normal and abnormal anatomy and complications.

COURSE DESCRIPTION
This two-day seminar and hands-on workshop is designed to educate attendees in the art and science of laparoscopic suturing and knot tying, an essential tool for advancing your career as a laparoscopic surgeon. This deficiency of skill in suturing has forced many conversions from laparoscopy to laparotomy unnecessarily and prolonged operative time, as well as increased the postoperative morbidity. The curriculum of this course is a continuum of didactics followed by hands-on training session in a repetitive and increased fashion, reaffirming and improving on learned skills. During workshop sessions, preceptors will supervise each station and guide each participant in utilizing different suturing techniques to achieve their desired goals. Further, the most commonly performed procedure in gynecology, hysterectomy, will be described in didactics as well as video sessions. Additional lectures will cover cystoscopy and ureteral catheter for gynecologists and collaborative work for management of gastrointestinal and genitourinary pathology and injury.
COURSE OBJECTIVES

At the end of this conference participants will be able to:

1) Evaluate the treatment options for gynecological patients presenting for minimally invasive approach for hysterectomy

2) Advance the skill development for all aspects of minimally invasive surgery utilizing suturing/knot tying an high tech instrumentation and advanced techniques

3) Acquire the state-of-the-art knowledge base of peers in advanced gynecological surgery who employ techniques in minimally invasive surgery

4) Increase self-confidence of gynecologic surgeons toward minimally invasive surgery and thereby improve patient outcomes and transform the surgeon’s outlook about this new modality

5) Examine new indications and techniques of the new energy sources – their actions and their complications

6) Identify early recognition and treatment options and the newly recognized complications in laparoscopic surgery that affects the diagnostic and management options for treating patients.

TARGET AUDIENCE
Ob/Gyn Physicians, Residents, Fellows in Surgical Subspecialties, Physician Assistant’s and Nurses who spend time in the Operating Room as surgical first assistants.

ACCREDITATION STATEMENT Beth Israel Medical Center and St. Luke’s and Roosevelt Hospitals are accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT DESIGNATION Beth Israel Medical Center designates this educational activity for a maximum of 18.5 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

POLICY ON FACULTY AND PROVIDER DISCLOSURE It is the policy of Beth Israel Medical Center and St. Luke’s and Roosevelt Hospitals that faculty and providers disclose real or apparent conflicts of interest relating to the topics of this educational activity, and also disclose discussions of unlabeled/unapproved uses of drugs or devices during their presentation(s). Beth Israel Medical Center and St. Luke’s and Roosevelt Hospitals have established policies in place that will identify and resolve all conflicts of interest prior to this educational activity.
6:30-7:30 am  Registration and Continental Breakfast

7:30-7:40 am  Welcome and Opening Remarks
Stanley Brezenoff
President and CEO
Continuum Health Partners

SESSION I

CHAIR: FARR R. NEZHAT, MD

7:40-7:45 am  Introduction to the Meeting
Farr R. Nezhat, MD

7:45-8:10 am  Why and How to Suture and Tie Knots: The Secret to Success
Farr R. Nezhat, MD

8:10-8:35 am  Safe Abdominal Entry and Port Placement for Optimal Performance: Complications and Management
Ceana Nezhat, MD

8:35-9:00 am  Different Types of Laparoscopic Hysterectomy and Why: How to Start Laparoscopic Hysterectomy
Camran R. Nezhat, MD

9:00-9:20 am  Q&A; Coffee Break

9:20-9:25 am  Overview of laboratory instruments and tasks

9:25-11:00 am  LAB SESSION I: PELVIC TRAINERS/SUTURE LAB/KNOT TYING
DIRECTORS: FARR R NEZHAT, MD AND CEANA NEZHAT, MD
(With Preceptors; Maximum 3 participants per trainer)

SESSION II

CHAIR: LINUS CHUANG, MD

11:00-11:25 am  Laparoscopic Supracervical Hysterectomy for Uteri of Varying Size: Adaptation of Instrumentation and Technique
Ceana Nezhat, MD

11:25-11:50 am  Total Hysterectomy for Mild to Severe Endometriosis and Adhesions: How to Advance to the Most-Challenging Cases
Camran R. Nezhat, MD

11:50-12:00 pm  Q&A

12:00-1:00 pm  Lunch and Exhibits

LIVE SURGERY TRANSMISSION - Single-Incision Hysterectomy
SURGEON: KEVIN STEPP, MD
MODERATOR: CEANA NEZHAT, MD

SESSION III

CHAIR: GEORGE LAZAROU, MD

1:00-1:25 pm  Step-by-Step Vaginal Hysterectomy: Making It Easy, and Repairing Pelvic Floor Relaxation Vaginally
Peter S. Finamore, MD

1:25-1:50 pm  Abdominal Hysterectomy: When to Use It and How to Avoid Complications
Yukio Sonoda, MD

1:50-2:10 pm  Q & A; Break

2:10-3:45 pm  LAB SESSION II: PELVIC TRAINERS/SUTURE LAB/KNOT TYING
DIRECTORS: RADHA SYED, MD AND CAMRAN R NEZHAT, MD
(With Preceptors; Maximum 3 participants per trainer)

SESSION IV

CHAIR: CARMEL B. COHEN, MD

3:45-4:10 pm  Endoscopic Myomectomy
Martin D. Keltz, MD

4:10-4:35 pm  Laparoscopic Hysterectomy for Large Myoma: How to Shrink the Uteri Intraoperatively. Abdominal and Vaginal Morcellation
Ceana Nezhat, MD

4:35-5:00 pm  Robotic Hysterectomy for Benign and Malignant Pathologies: Room Setup and Instrumentation
Farr R. Nezhat, MD

5:00-5:15 pm  Q & A

5:15-7:00 pm  LAB SESSION III: PELVIC TRAINERS/SUTURE LAB/KNOT TYING
DIRECTORS: RADHA SYED, MD AND CAMRAN R NEZHAT, MD
(With Preceptors; Maximum 3 participants per trainer)

7:00 pm  Adjourn

THURSDAY, DECEMBER 9, 2010
7:00-8:00 am  Continental Breakfast; Open Practice on Pelvic Trainers; Exhibits

SESSION I  CHAIR: PATRICK F. VETERE, MD

8:00-8:25  Adhesion Prevention in Pelvic Surgery
           George A. Pistofidis, MD

8:25-8:50  Normal and Abnormal Pelvic Anatomy in Laparoscopic Surgery: How to Develop Surgical Planes and Dissect Pelvic Side Wall
           Robert Wendel Naumann, MD

8:50-9:10  Q&A; Break

9:10-9:35  LAB SESSION I: PELVIC TRAINERS/SUTURE LAB/KNOT TYING
           DIRECTORS: FARR R NEZHAT, MD AND CEANA NEZHAT, MD
           (With Preceptors; Maximum 3 participants per trainer)

SESSION II  CHAIR: HERBERT F. GRETZ, III, MD

10:35-11:00  What Every Surgeon Should Know About Electrosurgery: How to Use Different Vessel-Sealing Devices
              Kate O’Hanlon, MD

11:00-11:25  Nonsurgical Hemostasis During Pelvic Surgery
              Jacques L. Moritz, MD

11:25-11:50  How to Repair Vaginal Cuff During Total Laparoscopic and Robotic Hysterectomy To Prevent Vaginal Cuff Dehiscence
              Pedro T. Ramirez

11:50-12:00 pm  Q&A

12:00-1:00  Lunch and Exhibits

LIVE SURGERY TRANSMISSION - Robotic-Assisted Laparoscopic Hysterectomy
SURGEON: LISA PEACOCK, MD
MODERATOR: CEANA NEZHAT, MD

SESSION III  CHAIR: GEORGE A. PISTOFIDIS, MD
COMPLICATIONS, PREVENTION, RECOGNITION AND MANAGEMENT

1:00-1:25  Vascular Complications
           Pedro T. Ramirez, MD

1:25-1:50  Bladder and Ureter: How to Perform Cystoscopy and Place Ureteral Catheter
           Kate O’Hanlan, MD

1:50-2:15  Small and Large Bowel
           Robert Wendel Naumann, MD

2:15-2:35  Q&A; Break

2:35-4:20  LAB SESSION II: PELVIC TRAINERS/SUTURE LAB/KNOT TYING
           DIRECTORS: RADHA SYED, MD AND FARR R NEZHAT, MD
           (With Preceptors; Maximum 3 participants per trainer)

SESSION IV  CHAIR: GEORGE HILARIS, MD

4:20-4:45  Anesthesia for Operative and Robotic Surgery: How to Convince an Anesthesiologist to Put Your Patient in Steep Trendelenburg
           Sanford M. Littwin, MD

4:45-5:05  SURGICAL VIDEO: Challenging Cases, Including Pelvic-Wall Dissection for Difficult Hysterectomy And Large Adnexal Masses (or you may practice on pelvic trainers)

5:05-5:15  Q&A

5:15-6:30  LAB SESSION III: PELVIC TRAINERS/SUTURE LAB/KNOT TYING
           DIRECTORS: CEANA NEZHAT, MD, AND CAMRAN R NEZHAT, MD
           (With Preceptors; Maximum 3 participants per trainer)

6:30  Adjourn
### General Chair

**Farr R. Nezhat, MD, FACOG, FACS**  
Professor of Obstetrics and Gynecology  
Columbia University, College of Physicians and Surgeons  
Director, Minimally Invasive Gynecologic and Robotic Surgery and Fellowship  
Division of Gynecologic Oncology  
Department of Obstetrics and Gynecology  
St. Luke’s and Roosevelt Hospitals  
Director, Minimally Invasive Gynecologic Surgery  
Department of Obstetrics and Gynecology  
Winthrop University Hospital  
New York, NY

### Core Faculty

**Camran R. Nezhat, MD, FACOG, FACS**  
Deputy Chief  
Department of OB/GYN  
Stanford University Medical Center  
Adjunct Clinical Professor of OB/GYN and Surgery  
Stanford University  
Clinical Professor of OB/GYN  
University of California at San Francisco  
Director, Center for Special Minimally Invasive and Robotic Surgery  
Palo Alto, CA

**Ceana Nezhat, MD, FACOG, FACS**  
Chair, Department of Obstetrics & Gynecology  
Northside Hospital  
Associate Professor of Obstetrics and Gynecology (Adj. Clin.)  
Stanford University School of Medicine  
Clinical Associate Professor of Gynecology & Obstetrics  
Emory University School of Medicine  
Fellowship Director  
Atlanta Center for Special Minimally Invasive Surgery & Reproductive Medicine  
Northside Hospital  
Atlanta, GA

**Jacques L. Moritz, MD**  
Assistant Professor of Obstetrics and Gynecology  
Columbia University, College of Physicians and Surgeons  
Director, Division of Benign Gynecology  
Department of Obstetrics and Gynecology  
St. Luke’s and Roosevelt Hospitals  
New York, NY

**Pedro T. Ramirez, MD**  
Associate Professor  
Director of Minimally Invasive Surgical Research & Education  
Department of Gynecologic Oncology  
The University of Texas M.D. Anderson Cancer Center  
Houston, Texas

**Yukio Sonoda, MD**  
Associate Attending Surgeon  
Gynecology Service  
Department of Surgery  
Memorial Sloan-Kettering Cancer Center  
New York, NY

**Radha Syed, MD, FACOG**  
Private Practice  
Advanced GYN Endoscopic Surgeon  
Staten Island University Hospital  
Staten Island, New York

### Invited Faculty

**Stanley Brezenoff**  
President and Chief Executive Officer  
Continuum Health Partners, Inc.  
New York, NY

**Linus Chuang, MD, MPH, MS**  
Co-Director of Minimally Invasive Surgery  
Associate Professor  
Division of Gynecologic Oncology  
Department of Obstetrics, Gynecology and Reproductive Science  
The Mount Sinai Hospital  
New York, NY

**Carmel B. Cohen, MD**  
Professor of Obstetrics, Gynecology and Reproductive Science  
Mt. Sinai School of Medicine  
New York, NY

**Peter S. Finamore, MD, MA, FACOG**  
Associate Director, Division of Urogynecology & Pelvic Reconstructive Surgery  
Winthrop University Hospital  
Mineola, NY
Herbert F. Gretz, III, MD, MBA, FACOG, FACS
Director, Gynecologic Minimally Invasive Surgery
Interim Director of Gynecologic Oncology
Department of Obstetrics and Gynecology
Division of Gynecologic Oncology
Associate Professor
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New York, NY

George Hilaris, MD
Adjunct Clinical Instructor of Obstetrics and Gynecology
Stanford University School of Medicine
Palo Alto, CA
Director, Center for Special Minimally Invasive and Robotic Surgery
Gynecologic Oncology & Endometriosis
Athens, Greece

George Lazarou, MD, FACOG, FACS
Chief of Gynecology
Director of Urogynecology & Reconstructive Pelvic Surgery
Winthrop University Hospital
Associate Professor
Department of Obstetrics, Gynecology & Women's Health
Stony Brook University Hospital
Mineola, NY

Sanford M. Littwin, MD
Assistant Professor of Clinical Anesthesiology
Columbia University, College of Physicians and Surgeons
Attending Anesthesiologist
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New York, NY

Robert Wendel Naumann, MD
Director, Minimally Invasive Surgery in Gynecologic Oncology
Associate Director of Gynecologic Oncology
Blumenthal Cancer Center
Carolina Medical Center
Charlotte, NC

Kate O’Hanlan, MD, FACOG, FACS
Director, Gynecologic Oncology
Laparoscopic Institute for Gynecologic Oncology
Portola Valley, CA

Lisa Peacock, MD
Vice President, Premier Care for Women, PC
Northside Hospital
Clinical Associate Professor
Emory University School of Medicine
Atlanta, GA

George A. Pistofidis, MB, BS
Director, Department of Gynaecological Surgery
Lefkos Stavros Clinic
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Kevin Stepp, MD
Fellowship Director, Urogynecology, Reconstructive Pelvic Surgery, and Minimally Invasive Surgery
Department of Obstetrics and Gynecology
MetroHealth Medical Center
Assistant Professor of Obstetrics and Gynecology
Case Western Reserve University
Cleveland, OH

Patrick F. Vetere, MD, FACOG, FACS
Associate Director of Minimally Invasive Gynecologic Surgery
Director of the Gynecologic Surgical Training Lab
Winthrop University Hospital
Associate Professor of Obstetrics, Gynecology, and Reproductive Medicine
SUNY Stony Brook School of Medicine

Preceptors for Pelvic Trainer Workshops
Uchenna C. Acholonu, MD – New York, NY
Najla Al-Mari, MD – New York, NY
Shao-Chun Rose Chang-Jackson, MD – New York, NY
Jennifer Eun Sun Cho, MD – New York, NY
Moushumi Shoma Datta, MD – New York, NY
Shaghayegh Moghaddam DeNoble, MD – New York, NY
Mary Jacobson, MD – Palo Alto, CA
Kimberly Kho, MD, MPH-Dallas, TX
Nanette LaShay, MD – Redwood City, CA
Michael Lewis, MD – New York, NY
Connie Liu, MD – New York, NY
Mojgan Ammadi, MD – Palo Alto, CA
Nimesh Nagarsheth, MD – New York, NY
Azadeh Nezhat, MD – Atlanta, GA
Jaime E. Ocampo, MD – Palo Alto, CA
Laurence Orbuch, MD, FACOG – New York, NY
Iris Kerin Orbuch, MD – New York, NY
Odysseas Savvouras, MD – Palo Alto, CA
Jyoti Yadav, MD – Quincy, MA
Konstantin Zakashansky, MD – New York, NY
Housing Information

A block of rooms is available for seminar participants and can be reserved by calling the hotel directly at 888-833-3969, and stating that you are with the “St. Luke’s and Roosevelt Hospitals Laparoscopic Conference.” Reservations require a credit card guarantee, and will only be charged if you cancel within 24 hours prior to arrival or no-show. There is no cancellation charge if you notify the hotel 24 hours prior to your arrival date. A special group rate of $289.00 per night, plus taxes for single or double occupancy. Rooms will be held until November 17, 2010 and offered on a space available basis, so please make your reservation as soon as possible. Check-in time is 3:00pm and check-out is 12:00 noon.
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Cancellation Policy
A refund, less a $150 administrative fee, will be issued upon written request. No refunds will be made after November 16th. St. Luke’s and Roosevelt Hospitals reserve the right to cancel this program.

Further Information
St. Luke’s and Roosevelt Hospitals • Office of Continuing Medical Education
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Email: aroman@chpnet.org
Website: www.chpnet.org/cme
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